



Characteristics	Skin type 1	Skin type 2	Skin type 3	Skin type 4	Skin type 5
<b>Skin</b>	Very light-skinned	Light-skinned	Light/dark brown	Dark brown, olive	Dark brown, black
<b>Hair</b>	Red, blond	Blonde, light brown	Light brown, brown	Dark brown, black	Black
<b>Eyes</b>	Blue	Blue, green, grey	Grey, brown	Brown, dark brown	Dark brown
<b>Sunburn</b>	Always intensive, painful	Often intensive, painful	Rarely, moderate	Marginal	Marginal
<b>Tanning in the sun</b>	None	Marginal	Good	Quickly and deeply	Quickly and deeply
<b>Self-protection time of the skin</b>	5–10 min	10-20 min	20-30 min	40 min	60-90 min
<b>Protection by a fabric with UPF 20</b>	100–200 min, approx. 1–3 h	200–400 min, approx. 3–6 h	400–600 min, approx. 6–10 h	900 min, approx. 15 h	1200–1800 min, approx. 20–30 h

